

Texarkana ISD  
Student Health Advisory Council (SHAC) Meeting  
Thursday, Feb 3, 2022  
11:00 a.m

**Meeting called to order at 11:00 a.m.**

Members were welcomed by Jennell Ingram, SHAC chairperson. Members present introduced themselves and guests were introduced. New members were welcomed and given the purpose and mission of the Student Health Advisory Council.

**Members present were:**

**Students:** John Barowitz, Chris Gennings and Henriberito Rosas,

**Parents:** Patsy LaRue, Valerie DePriest, Jennifer Glass, Sirena Bock, Ashley James, Dr. Debra Bowers, Treva West, Samantha McGee

**District staff:** David Hardy, Sharonda Sutton, Amy Doss, [Mindy Gennings](#), Jennell Ingram, Ashley Eddy, Heather Spohn and Kimberly Blankenship

**Community:** Kristi Wright, Bill Kimbro

**Approval of the Agenda:**

A motion was made by Mindy Gennings and seconded by Amy Doss to approve the agenda as printed. The motion was carried unanimously.

- All members remained socially distanced and wore face masks except when speaking or eating.
- Committee members who wished to join via Zoom were given this option. (Four members joined via Zoom)

**Report on District Wellness Initiative:**

Jennell Ingram, district lead for the SHAC gave a report on the Blue and You district Wellness initiative. This year the district will partner again with Blue Cross and Blue Shield and the third party app Wellable. Using this platform, staff members who participate can easily sync their personal tracking devices ( ie-Apple watch, Fitbit, Garwin) to the Wellabe app and

have their physical activity tracked. The fitness challenge for district employees will begin on March 1 and continue through May 14. Prizes and awards will be given for participating.

### **Child Nutrition update:**

Kimberly Blankenship informed the group that the district is now providing an evening meal to all students who participate in an after school extra curricular activity or program. This includes students in the ACE program, UIL competitions, robotics, athletics or other after school activities. The meals are prepared by the Child Nutrition department and are free of charge to any student wishing to participate.

### **Health Services update:**

[Heather Spohn](#) coordinator of Health, reported to the committee that cases of Covid 19 began to decrease as of the current week. She updated the council on the Covid protocols for staff who had suspected Covid exposures. The new guidelines allow for staff members to return to work after 5 days of quarantine as opposed to 10 days. Students who test positive for Covid are still required to quarantine for 10 days and may return to school with a negative Covid test result.

She cited specific numbers of cases in students and in staff for the prior two reporting weeks. Ms. Spohn explained that active and suspected cases of Covid are still reported to the local health agency .

Ms. Spohn also reported that the district is continuing the drive through testing center for staff and students. The testing center is located at 1600 Waterall Street.

Students and staff can drive through and get tested if they have symptoms. Results are available within 2 hours. The testing center opened October 4th and will continue through the end of the school year.

### **Update from Physical Activity & Fitness Planning (PAFPS)**

Mindy Gennings, subcommittee chair, reported on the survey results of the district in regards to the amount of recess and unstructured playtime for students. Her report was based on information garnered from principals,

counselors, PE teachers and classroom teachers. The subcommittee found that recess and unstructured playtime for students reflects the values of the community and that no change is needed.

**Presentation on Suicide Prevention:**

The representative from the Texas Health and Human Services department was unable to attend due to weather conditions in her area. Dreka Strickland is rescheduled for an upcoming meeting.

**Old Business:**

SHAC member, [Treva West](#), asked for an update on the proposed Health Fair for district employees and students. Her organization, the Jack and Jill of America offers a grant that may be accessed for projects like this.

Several questions and comments were made by parents and the meeting was adjourned.

After a call for items to be included in the next meeting, the meeting was adjourned.

Respectfully submitted,  
Jennell Ingram